

High-Tech Summer Chill



It is known as the silly season...but it really doesn't need to be! Some of our experts had the kindness of pointing out some reading, visiting, and even entertainment suggestions.

Here are some ideas to enjoy the Summer to the most! Along the way, get in touch with highly important information as a new specialization and our very own idea contest, the Fraunhofer Portugal Challenge.



Technology-based ideas wanted!

The Fraunhofer Portugal Challenge 2022 is on!

MSc and PhD students may apply with a technology-based idea explored within a thesis. This idea contest aims to motivate, and reward research of practical utility, through the attribution of a scientific prize to students and researchers from Portuguese Universities.

Applications are open until the 31st of July.



More Info



Specialization on Design of Health Technologies

Fraunhofer Portugal AICOS is cooperating in the new *Specialization Course on Design of Health Technologies*, together with other institutions.

The goal is to provide a solid training in the principles of Design for interactive media in the methodologies of Human Centred Design applied to mHealth and eHealth. Methods of 'User Research', "serious games", case studies in Human-Computer interaction, principles and requirements of privacy, cybersecurity and legislation will also be some of the topics addressed.

Applications for the 2nd phase are open (from 1st to 31st of August).



More Info

Workshop_

Programme (to be confirmed):

Morning

Theoretical session (including presentations from three invited speakers):

- **Complear**, a leading Portuguese consulting agency specialized in medical device certification
- **Infarmed**, the national Portuguese healthcare authority
- An MDR-designated **Notified Body**

---- Lunch break ----

Afternoon

- Practical/hands-on session provided by **Complear**, where attendees are expected to work on a couple of case studies.

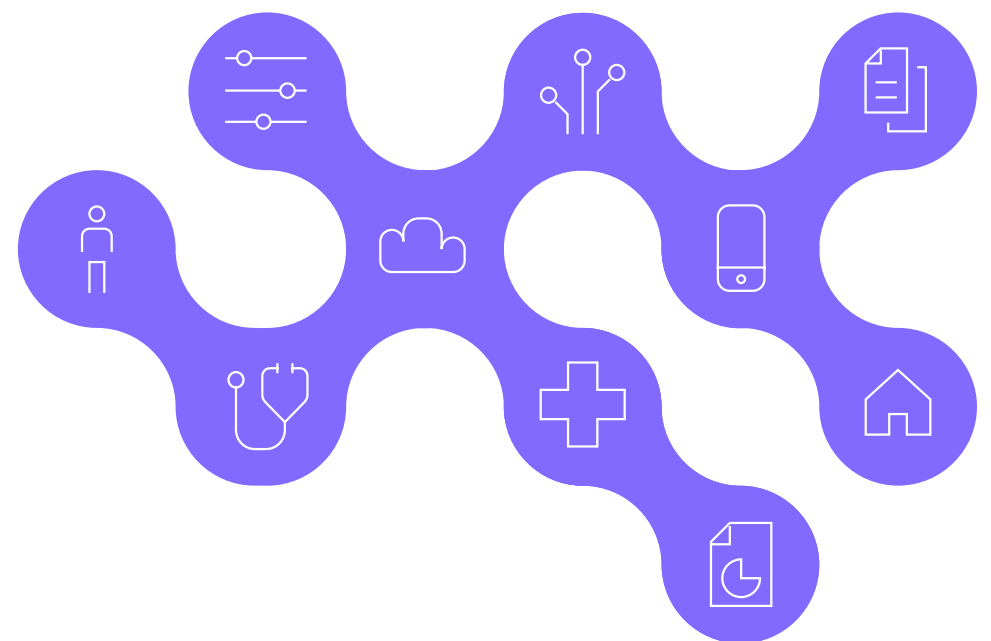


Sign up

Smart Health Network

30 September 2022

Workshop on Medical Devices Certification (MDR)



 **Smart Health**

Co-organization



Co-funded by



Highlight_

There is life beyond research!

To prove it, here are some of our experts' suggestions so you can fully enjoy the season.





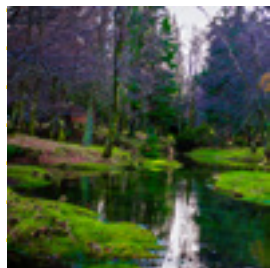
© Water Park Gerês

Suggestion: Water Park Gerês

Why do you recommend it? In the heat of summer what best than a great outdoor activity with a lot of fresh water? In the Water Park Gerês you have lots of different aquatic activities, and since you are in the Minho area, try some of the delicacies like Rojões à Minhota or Bacalhau à Narcisa (à Braga) to close off a great day.

More info: <http://www.waterparkgeres.pt>

Ricardo Graça | Researcher at Fraunhofer Portugal AICOS



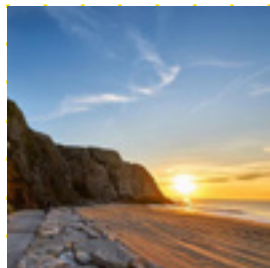
© Montes de Laboreiro

Suggestion: Spend some time surrounded by trees and water, take off your shoes and rest.

Why do you recommend it? It's easy, low-cost, and good for our well-being.

A great spot to do it: <https://www.cm-melgaco.pt/visitar/o-que-fazer/porta-de-lamas-de-mouro>.

Elsa Oliveira | Design Researcher at Fraunhofer Portugal AICOS



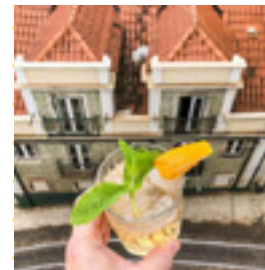
© António Pedro Santos/GI

Suggestion: Sunset by the beach

Why do you recommend it? While summer lasts, longer days allow for an after-work energy recharge. Looking at the ocean brings me peace and calms down the spirit, and the sun going down creates such a great view, worth of registry. Either going alone or with your favourite ones, grab a beer or a glass of wine and appreciate such an enjoyable moment. Portugal has endless places to see the sunset, but if you ever come to Sintra, go to Praia Grande!

More info: <https://visitsintra.travel/pt/visitar/praias/praias-grande>

Ricardo Santos | Researcher at Fraunhofer Portugal AICOS



© Daryl & Mindi Hirsch

Suggestion: Porto Tónico

Why do I recommend it? This easy-to-prepare cocktail goes perfectly well and is incredibly refreshing on these hot summer days.

You can have it on a terrace with friends or consider trying different combinations at home: add mint, lemon, or orange. The choice is yours! Enjoy it, and cheers to happy moments.

Marisa Rio | Senior Researcher at Fraunhofer Portugal AWAM



© Designmuseum Danmark

Suggestion: THE FUTURE IS PRESENT exhibition @ Designmuseum Danmark

Why do you recommend it? If you happen to be in Copenhagen don't miss the opportunity to take a look at this exhibition. In it, designers from around the world present different questions, future scenarios, design examples and art installations for some of our most important global challenges. Very thought-provoking and especially interesting for researchers trying to understand our present and shape our future.

More info: <https://designmuseum.dk/en/exhibition/the-future-is-present/>

Ana Vasconcelos | Researcher at Fraunhofer Portugal AICOS



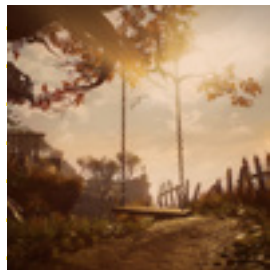
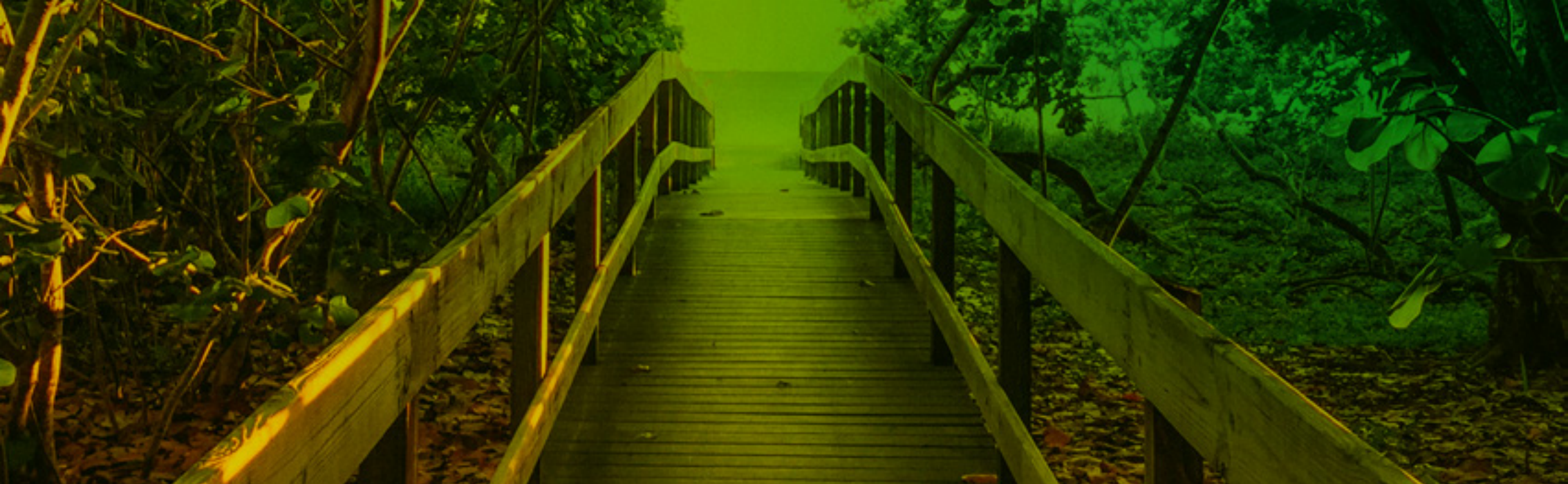
© Pari Dukovic/FX

Suggestion: Mrs. America (HBO Max)

Why do you recommend it? The series tells the story of the women movement to ratify the Equal Rights Amendment in the USA. Cate Blanchett has a fantastic performance as Phyllis Schlafly, a prominent conservative activist, lawyer and political lobbyist who founded the "STOP ERA" campaign. The series exemplifies that politics can mean "do whatever is needed to win", but there is also an intense fight for convictions and equal rights for everyone.

More info: <https://www.hbomax.com/pt/en/series/urn:hbo:series:GYR9eZQmTPTdFwwEAAB12>

Filipe Sousa | Head of Connected Things at Fraunhofer Portugal AICOS



© Annapurna Interactive

Suggestion: What Remains of Edith Finch

Why do you recommend it? In *What Remains of Edith Finch* you play as Edith, the last of the Finch line, as she explores her family house and discovers the life (and death) of each of her family members. However, and contrary to what this description might suggest, this is not a violent or ghastly game. Quite the opposite. It presents the lives and ultimate demise of the family members in vignettes that resemble fairy tales: beautiful, imaginative, and melancholic.

The game is very accessible even to those that are not experienced with video games while innovating in ways that will delight the more experienced gamers.

What Remains of Edith Finch is available on all gaming platforms, as well as for the iPhone and iPad, and it's about 2 hours long. Play it in any way you can.

More info: <http://edithfinch.com>

Ricardo Melo | Senior Researcher at Fraunhofer Portugal AICOS



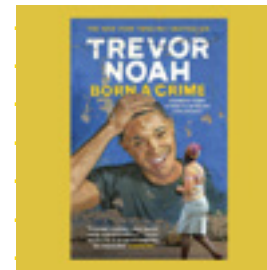
© Reaktion Books

Suggestion: The Shape of Things, by Vilém Flusser

Why do you recommend it? It's a small, easy-to-read, seminal book on the philosophy of design. It shows the importance of everyday things, something many of us have started cherishing more since the lockdown.

More info: <http://www.reaktionbooks.co.uk/display.asp?K=9781861890559>

Ana Correia de Barros | Head of Human-Centred Design at Fraunhofer Portugal AICOS



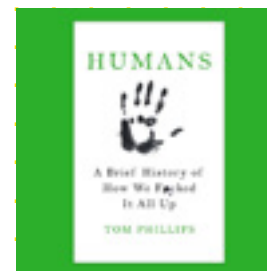
© John Murray Press

Suggestion: Born a Crime, by Trevor Noah

Why do you recommend it? In this book, Trevor Noah takes us through his childhood and teenage years, lived mostly as an illegal child under the Apartheid regime. With his unique sense of humour, Trevor is able to provide some good laughs, while also showing us a completely different reality and demonstrating how the content we're exposed to shapes our views of the world and the people we become. It is definitely worth your time!

More info: <https://www.johnmurraypress.co.uk/titles/trevor-noah/born-a-crime/9781473635302/>

Ana Sampaio | Researcher at Fraunhofer Portugal AICOS



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Suggestion: Humans: A Brief History of How We F*cked It All Up, by Tom Phillips

Why do you recommend it? Hilarious and still very informative! Humans are amazing at many things, and, of course, this includes getting things massively and history-changing wrong... I highly recommend this book, especially for us researchers, because we often think we fail, but this can serve as a reminder: it could be so much worse...

More info: <https://www.fnac.pt/Humans-A-Brief-History-of-How-We-F-cked-It-All-Up-Tom-Phillips/a6697354>

André Carreiro | Senior Researcher at Fraunhofer Portugal AICOS



Fraunhofer Portugal Research

Headquarters

Rua Alfredo Allen, 455/461 | 4200-135 Porto